



GRDC News

BACK TO SCHOOL!

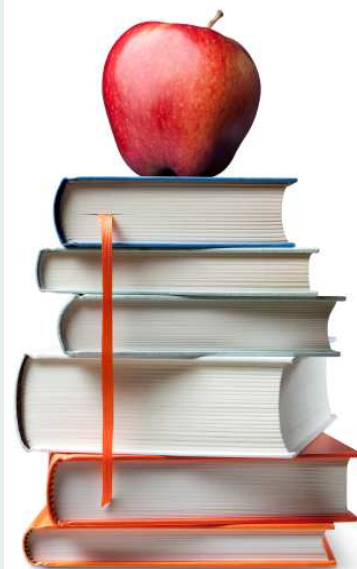
It's back to school !!! Excited for a new start? Sad for a summers end? As exciting as going back to school is, it can also be intimidating. Not just for Kindergarten but all grades. Here are a few ways to help keep the new school year going smoothly.

Get Updated! Make sure you get the kids in for their yearly check-ups and keep all shot records up to date. Also addresses, phone numbers and pick-up info should be up to date with the school and here at the day care.

Create a "School Spot" at home! Provide pencils, a sharpener, erasers and paper here. Make sure this area gives your child a quiet place to concentrate on homework and for reading. Let your child know you are always available to help. Sometimes children get wrapped up in their frustration and don't think to ask for help. This area is also a good place to put up your family calendar with all important dates posted for each of you.

*Prepare your child. Talk about what's going to happen at school. **Learn bus numbers and bus stops.** Talk about who she/he may meet at school and what to expect. Let them know their teachers and counselors are there to help. Sometimes it's hard for children to open up to their parents, let them know that they have another outlet. Communicate with your child, ask open ended questions about their day. Stay in touch with their teachers and counselors, reach out if you feel they are struggling. Get to know their friends, encourage them to keep positive influences. Get to know their friends parents. Friendships are important, but your guidance and monitoring of activities are needed for them to be safe and successful.*

Plan Ahead. Start the night before by gather all school supplies, athletic gear, or projects. Put them in the "School Spot" so they will be set and ready in the morning. Make lunches and prep for breakfast. Take baths and layout clothes for the next day. Get a good nights rest, our bodies and brains cannot function properly without enough sleep. Bedtime routines are important for children of all ages.



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★ Come check out the new picnic table on the back playground. It was donated to us and we are so excited to have it. Our preschoolers will be using it often for picnic lunches and our School Aged group can use it for homework after school! If you are interested in having a table like this please talk to Mr. Jayme and he will give you more information. ★



KINDERGARTEN—6TH GRADE

Grant Road picks up and drops off at several schools. This year these schools are: Brill, Farney, Lakewood, & Matzke. We will pick up at other schools in the surrounding area if time allows it.

Hancock Elementary is the only school bus that picks up and drops off at the Daycare. This is bus #6089. Children riding this bus in the mornings should be at the daycare no later than 7:15am.

When your child arrives at the daycare after school they will be given a snack & juice, then we have outside play (weather permitting). If your child would like to do his/her homework in the afternoon we will accommodate them with a place to do so.

“Education is not the filling of a pail, but the lighting of a fire.” -W.B. Yeats

BE PREPARED

It's just about time for cooler weather. Well, maybe not in September. But we do get a few cold fronts in October, occasionally! Many of you have extra clothes in your child's box for accidents and spills. So, when cooler weather DOES decide to approach us, please remember to replace your child's warm weather clothes for long sleeves and pants. The last thing we want to do is send your little one home in shorts when it's cold out.

Mrs. Annie says,

“My favorite thing about working with children is watching them learn & grow. Especially the 3 yr. olds, they are awesome!”

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PRESCHOOL

School is in session for many of our children here at the daycare. So what about those of us that have children who are not yet part of the school system? PRESCHOOL and KINDERGARTEN!

While the older children are off to “big school,” our smaller children will be learning as well. Children love learning! They have done it since they day they were born. Watching & copying every move you make. Their little minds are like sponges ready to soak up all the knowledge the world has to offer!

Our preschool program starts daily at 8:00 AM. The preschoolers follow the “A Beka Book” Curriculum. This Curriculum is designed specifically for each child's age group. It was designed to help build language development, skills development, fine motor skills (putting puzzles together, holding a crayon, using scissors, & more.) & gross motor skills (using large muscles- hopping skipping, jumping & more.) We also have a Music Teacher, Ms. Kathy, who visits the daycare on Wednesdays. Fridays we have Story Time with Ms. Jaime! Feel free to join us.

15 Months up to 2Years

We have space available in this room, Spread the Word!!! Children ages 15 months up to 2 years are going to learn a variety of things. But for this group its more of an introduction to all the basics. Learning songs & finger plays help them build their little memories. Language development will help them to pronounce new words. They will learn their colors and shapes. They will also work on their fine motor skills like holding and using a crayon. They will work on gross motor skills; learning to jump, hop, skip & etc. This is not only good exercise but it helps with coordination!

2 1/2 Year Olds

When your little one graduates to this class they find a whole new independence! Their little personalities are just beginning to bloom!



At this age we learn to recognize colors & shapes. Language Development includes learning about our world. We learn all about animals, the seasons & our community helpers. We also start learning to recognize Letters, Numbers 1-10 & Count to 25!

3 Year Olds

This is the start of all things brand new. At this age your child will refine their abilities to use a crayon and then a pencil. They will learn to trace their letters & shapes. They will also learn to use scissors!!! They learn Numbers 1-25, Counting to at least 25 & recognizing letters. They will also begin learning 1-2 step instructions.

4 Year Olds

In this class children will learn to write their letters & numbers. It's very exciting for this age group to make such a big step & do this on their own! They will work on their fine motor skills by cutting & tracing. They will learn to write their names. By the end of the year they will even begin reading small words, building a firm foundation for next year.

Private Kindergarten

Next year is your child's big year at school, they need to be prepared! So, they will be refining their writing skills by writing numbers & simple words. They will learn to count to 100, recognize these numbers & learn the concept of these numbers. They will begin reading & start simple math! They will learn their Addresses, Telephone numbers & Birthdays!!! Schoolwork will be sent home in a manila folder on Monday. Please empty it and bring it back on Tuesday. And don't forget those lunches!

GYM/TKD

Every Monday we have Gymnastics for almost all ages. Coach Jeff Martin joins us at the Day Care with Athletic on Wheels! Mini-Meets are held every year to which parents will be invited. If you are not yet signed up for Gymnastics you can speak to someone in the office about doing so.

We also have Beginner & Advanced Tae Kwan Do every Tuesday, Wednesday and Thursday after school. These classes are held in the blue room at the Daycare. We are proud to say the children now have belts of all colors, including Black Belts!!! Each achievement is truly a magnificent rise in self esteem for the kids! We are so proud of how well they are doing and how far they have come in their commitment to the sport! Great job to our black belts! You have worked so hard and been so dedicated.

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FREE DAY CARE!!!

Spread the word! Our business has thrived through word of mouth advertising for 40yrs. Keep up the good work Grant Road family! We still rely on our hard work and effort to bring in new GRDC family members. Did you know that if you recommend us to a friend and they begin attending the daycare that you can receive a credit for free daycare? For more information and questions please speak to someone in the front office.

*Mrs. Sam says,
“ My favorite thing about working with children is seeing them playing and learning in different ways and watching their imaginary world.”*

REMINDERS

- Remember all fees are due every Monday each week, unless you pay Monthly.
- Every Friday is Spirit Day, wear your GRDC Shirts!
- Preschool Parents please don't forget to check for your little ones school work in the yellow file box by the front door. They have worked very hard and would like to show you how well they have done!
- Please Don't forget to bring a lunch if your children are ages 4 and up.
- Grant Road policy is that everything your child brings must be able to fit inside their cubby. Back packs may be hung in the hallway.
- We will be closed Monday, September 3rd for Labor Day, also November 22nd & 23rd for Thanksgiving.
- We check our toys regularly to make sure they are safe and have not been recalled. If you have questions or concerns about your toys at home you can visit www.recalls.gov to check for any recently recalled toys.
- Sign your child in/out DAILY!!!!
- To advertise with us in this newsletter contact Ms. Jaime at jjkayna@hotmail.com



COSTUME PARTY

The preschool group (ages 15 months - 5 years) will be having a party! Our Halloween costume party will be held on Wednesday, October 31st. It will be from 9:30-10:30am. The children may wear their costumes OVER their clothes. We will also have activities for our school aged group.

We will have yummy snacks, play games and win prizes! The kids will have a blast. If you would like, you may bring cakes for the cake walks, WRAPPED candies for prizes or cookies/cupcakes for snacks.

We would like to invite all the parents to come and join us in the fun. It makes the day extra special for the kids to have you here. And of course volunteers are ALWAYS welcome!

Remember, check your child's candy when you take them trick or treating on Halloween evening. Take the opportunity to teach them road safety! (The street is for cars, stay on the sidewalk, watch for cars backing out of drive ways, look both ways before you cross the street, etc. And of course, HAVE FUN!!!)

BIRTHDAYS

September: 6yrs. MacKenzie MacLaughlin, 10yrs. Caeden Coffey

October: 10yrs. Jesslyn Schumann, Elijah Travino, Simone Yeary

November: 5yrs. Gabriella Travino, 6yrs. Ryan Contreras, 7yrs. Gabriel Pemberton



WELCOME TO OUR GRANT ROAD FAMILY!

We would like to welcome all of our new children and their families to the daycare! Amani & Sarbaz Abdulla, Leo Diaz, Madelynn Garrett, Malin & Lauren Hernandez, Kurt Middleton, Nikolai Pena, Dylan Primeaux, Madison Self, Garrison & Kaden Stolarski, Varun Venkatesan, Hagen Weber. Thank you for choosing to join our Grant Road family. We are happy you're with us and we can't wait to get to know you all! If you have any questions or there is anything you need, please stop by the office and we will be more than happy to help!



WRITE TO US!

If you have anything you would like to add in our newsletter: ideas, birthday wishes, special articles. Please email Jaime at jjkayna@hotmail.com to see about putting your input in our newsletter. This is your GRDC community, what you have to say is important!

3RD ANNUAL ART SHOW & SPAGHETTI DINNER

It's fall again and time for our annual Art Show! The kids get really excited about the Art show. They work very hard for weeks on their Art Pieces. Every child at Grant Road is involved.

We will have a viewing of your children's Art Pieces, a yummy spaghetti dinner and super GIFT GIVE AWAY! Please save the date and join us in supporting the kids and raising funds. We are raising money to continue to improve our building, like painting the interior and exterior of the building and new carpet for the blue room and baby room.

Our Art Show will be on October 27th at 6:00 pm. More information and tickets will be available to purchase soon.

Do you or someone you know have any items, a service to offer, gift cards, gift baskets, etc. to donate? If so, please email Ms. Jaime at jjkayna@hotmail.com or speak to Mr. Jayme in the office. We will also feature two FREE ADDS in our newsletter to everyone who makes a donation!

BREAST CANCER AWARENESS

You may have noticed many of our Staff members wearing Bright Pink "Suzie" T-shirts. Every first Monday of the month we honor Mrs. Suzie Netterville by raising awareness for Breast Cancer. Mrs. Suzie Netterville passed away in 2010 from breast cancer. It is because of her that we have our family values and such an awesome program at the daycare. She poured her love, heart and soul into our program and she is remembered everyday in our hearts. Her picture is hanging in the front entry, that is our beautiful Suzie. If you would like a "Suzie" T-Shirt please see Mr. Jayme of Mr. Netterville in the office and they will be happy to assist you.



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HELP!

We recycle! We use plastic grocery bags for many things at the day care. They get used mostly for wet or soiled clothes. We have three groups that use these bags often. We run out of bags quickly. Help! We need more bags! If you have an over flow of bags at your house or do not reuse your plastic bags, we would love to have them. They would be greatly appreciated. If you have bags to donate please take them to the baby room or office.

Mrs. Stephanie says ,

“The thing I love most about working with kids is watching their mental and physical abilities grow.”



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FOOD IDEAS FOR EVERY MEAL

Food ideas for every meal, well almost every meal. Quick breakfast ideas, Yummy Lunch ideas and great snack ideas. These ideas are all fast and easy to prepare the night before.

Breakfast

- *Fruit and cheese. Apples, blueberries, strawberries or bananas combined with cheddar, swiss, or mozzarella cheese. Great for the kids who don't eat very much for breakfast. Easy to throw in a baggie and go!*
- *Peanut butter waffle or bagel. Top a waffle or bagel with peanut butter or Nutella and raisins. Anything hand held is perfect for on the go.*
- *Fruit smoothies. Easy to make the night before, just blend up your favorite fruits and add yogurt or milk. A sweet and yummy way to send them off to school in the morning.*
- *Cereal bar & a Go-Gurt. This provides Grains, Protein and Dairy all in one quick and easy grab and go breakfast.*
- *Breakfast Roll-ups. Take a slice of ham, American cheese, a sliced hard boiled egg and wrap it in a plain or whole grain tortilla. It's the next best thing to an Egg McMuffin.*
- *Morning Mix. In a baggie mix up dry cereal and grapes or blueberries. Quick and easy.*

Lunch

- *Mini Pizza. Toast an English muffin, top with mozzarella and tomato sauce.*
- *Mini Corn Dogs. Pack with a side of ketchup or mustard.*
- *Soup. Microwave soup in the morning and put in a thermos to keep warm until lunch. Chicken noodle, Veggie pasta or even Chili.*
- *Mini Meatball sub. Make ahead mini meatballs or purchase frozen meatballs. Pack separate- heat meatballs and put them in a thermos in the morning, pack a slice of mozzarella cheese, and a mini sub bun. He can build his meatball sub at school, which makes lunch a bit more interesting.*
- *Lunch squared. Try cubing Rotisserie chicken, Cheddar or Colby cheeses and cubes of fruit.*
- *Fruit sandwich. Peanut butter and Banana, Peanut butter, apple and cheese, Strawberry and Goat cheese, or Mozzarella and Tomato,*
- *Salad sandwich. Egg salad, tuna salad, chicken salad with grapes. Just be sure to pack with an ice pack to make sure it stays chilled until lunch.*
- *Switch up. If your child is like mine, she'll eat peanut butter and Jelly and not much else. Switch it up with different types of bread (pita, white, whole grain, tortillas, mini bagels, English muffins, etc.) or cut her sandwich into fun shapes. There are even cutters made just for turning your sandwich into fun shapes. Check Wal-Mart, Kohl's, Bed Bath & Beyond or Target. Most large cookie cutters work well too.*
- *Insulated lunch boxes for a hot or cold lunch helps keep temps regulated.*

Snacks

- *Cheese & Fruit*
- *Banana Bread*
- *Yogurt & Pretzels*
- *Homemade Sweet potato chips*
- *Veggies & Dip*
- *Edema me*

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Help the squirrel through the maze to find its acorns

